

# Family Violence & the Workplace



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(employer name)

is an employer who understands that family violence can affect someone in their workplace

## You can talk in confidentiality with:

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(staff person in the workplace)

*Did you know that you can request to meet a family-violence professional in your workplace or in another safe place of your choice?*

*Did you know that you can receive support from Maison Notre-Dame House, or their outreach worker, even though you are not staying there?*

## myPlan Canada App

This App lets you get help anonymously.

It's an interactive personalized tool to support women to take steps to be safer from partner violence and to improve their lives, health and well-being.

It provides free, confidential information.

<https://myplanapp.ca/en/>

## You can contact family-violence professionals in this region:

### Emergency Shelter (24/7)

506-753-4703

Maison Notre-Dame House Inc.  
Campbellton, NB

### Restigouche Outreach Worker:

506-790-1178

Monday to Friday